

TRI-LAKES WOMEN'S CLUB
NEW RELEASE
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FOR IMMEDIATE RELEASE: Tri-Lakes Women's Club awards grant to Tri-Lakes Monument FPD

The Tri-Lakes Women's Club recently awarded a 2020 community grant to the Tri-Lakes Monument Fire Protection District. The agency used the grant funds to purchase three indoor cycling bikes with performance monitors to benefit the firefighters' workout program.

"The TLWC grant helps us create a culture that puts our fitness and wellness as a top priority. By helping us invest in fitness, members of the Tri-Lakes Monument Fire Department can prevent injuries, reduce stress, improve our effectiveness in doing our jobs, and extend the careers of our firefighters and paramedics," said Kris Mola, Tri-Lakes Monument Battalion Chief, "We appreciate TLWC's commitment to providing us the tools we need to continue a long and prosperous career."

The Tri-Lakes Women's Club has awarded \$23,000 this year as a culmination of its annual grantmaking. Since 1973, Tri-Lakes Women's Club has helped strengthen the foundation of the Tri-Lakes community through its volunteer service and annual grantmaking to nonprofit, public service and public educational programs in the Tri-Lakes area. For more information about TLWC or how to join, visit tlwc.net.

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CAPTIONS:

(PHOTO 1 in front of bucket truck)

Tri-Lakes Monument FPD Firefighter Paramedic Jeremy Furman works out on a new BikeErg indoor cycling bike that was funded with grant funds from the Tri-Lakes Women's Club.



PHOTO 2 to side: Tri-Lakes Monument FPD Lieutenant Micah Coyle demonstrates one of the new workout bikes the department purchased with grant funds from the Tri-Lakes Women's Club.

